

#### TIME TO PUT OFF

The time has come. The writing is on the wall. My red fluffy mittens have seen their last morning run. I've had those gloves for more than ten years and they have served me well. They've run through snow, through hail, and through rain. They've seen many things on our

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runs, things that I'd rather not mention. But the time has come to retire them. They are full of holes, rips and tears. They no longer serve their purpose. Although I had grown very attached, it was time to replace them with fluffy new ones. I felt a lot like the time I sold my double running stroller after using it for years. I cried that day. I had many memories with my kids in that stroller. I didn't cry over my gloves, but I was

pretty close. It was time to "put off" the old and "put on" the new"

The whole process reminded me of Paul's words in Colossians 3:8-10 when he says to "Put off all these things: anger, wrath, malice, blasphemy, filthy language out of your mouth. Do not lie to one another, since you have put off the old man with his deed, and have put on the new man who is renewed in knowledge according to the image of Him who created him ..." To put on the new man, the old guy needs to come off. So often we try to put the new man on right over the old, creating a very strange image, as well as making an

uncomfortable and conflicting fit. Just as I liked the feel of my old gloves, we like the "feel" of the old man. It's comfortable, it's routine, and it's what we know. Not many of us like change. Paul also says we have been made "new creatures" in Christ. The old man shouldn't fit any more. Although the new man may feel a bit odd at first, as we surrender our will and accept His, the fit begins to "feel right." Our old patterns are hard to change; it's taken years to set them. And then the Lord comes along and challenges us to put our old ways aside to follow Him. Just like retiring my old gloves, we are tempted to "look back" and remember how soft and fluffy they were. I tend to forget how the air leaked in through the holes and my fingers got tangled in the inside because the threads were coming apart. I need to look forward and get comfortable in my new ones. Likewise ladies, shall we stop looking back at our pasts or our old patterns and ways, and begin to look forward and press toward the goal of Christ Jesus? Shall we "put on" our new gloves of righteousness and seek to follow His ways more intentionally? I'm not sure if this makes any sense to you, but it sure does to me. Bye Bye red mittens, hello new polka dot gloves! May we enjoy many more years together as we "run" towards Him!





#### CHEESECAKE LEMON BARS

**FROM** 

ALLRECIPES.COM

BY COUNSELJUL50

"A light lemony cheesecake dessert that makes two layers, one lemony layer, and another cheesecake layer. You'll be coming back for more!"

#### **Ingredients**

- 11/2 cups all-purpose flour
- 1/2 cup confectioners' sugar
- 3/4 cup unsalted butter, cut into cubes
- 4 eggs
- 11/2 cups white sugar
- I tablespoon all-purpose flour
- I tablespoon lemon zest
- 1/2 cup lemon juice
- 2 (8 ounce) packages cream cheese, softened
- I cup white sugar
- 2 eggs, beaten

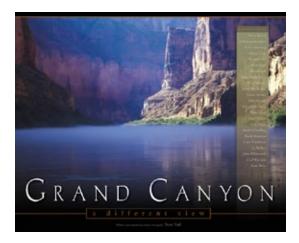
#### **Directions:**

- 1. Preheat an oven to 350 degrees F  $\{175 \text{ degrees C}\}$ . Lightly butter a 9 x I3 inch baking dish.
- 2. Whisk together 1 1/2 cup flour and confectioners' sugar in a mixing bowl. Cut in the cold butter with a knife or pastry blender until the mixture resembles coarse crumbs. Press the crumbs into the bottom and up the sides of the prepared baking dish to form a crust.
- 3. Bake in the preheated oven until golden brown, 15 to 18 minutes. Remove from oven, and set aside.
- 4. Whisk together 4 eggs, 1 1/2 cup sugar, 1 tablespoon flour, lemon zest, and lemon juice in a bowl. Pour lemon mixture into the prepared crust. Skim off any bubbles from the surface of the filling. Mix the cream cheese and 1 cup sugar in a bowl until well blended. Whisk in 2 eggs, then spread over the lemon mixture. The mixtures will separate during baking.
- 5. Bake in the preheated oven until the filling is set, about 30 minutes.

#### **BOOK REVIEW**

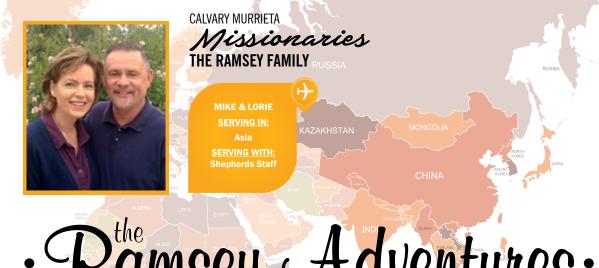
**FROM** 





Grand Canyon a Different View is written and compiled by Tom Vail. It's springtime ... one of my favorite times of year. I always get the wanderlust about now and my most favorite place is the Grand Canyon, where I can sit and feast my eyes on its beauty, and praise my God for hours upon hours. If you have never been there, you have to go, it's a must. It's so breathtaking in its incredible splendor and beauty. It is one of the Seven Natural Wonders of the World! Your mind cannot perceive that this great chasm is truly real, but oh, it is, in all of its grandeur.

Finally there is a book that describes not only its beauty in words and photographs, but gives the credit to our Almighty God, being the Omnipotent Creator of all things, including the magnificent Grand Canyon. The biography of the author is included in this book and is a testament to what God can do in our lives if we put our faith and trust in Him. When viewed from a Biblical perspective, the Canyon has "God" written all over it. With beautiful photographs from the rim of the Canyon to the rock strata of the Canyon, to the mile deep Canyon at the river level, this Canyon is something to behold. With the help of some of the top creation scientists and theologians from around the world, this book will at least begin to scratch the surface of some of the how and why's of the mysterious hole in the ground. With Scriptures to back up this amazing Canyon created by the hands of God, this book is a must have and meets the true definition of a coffee table book minus the expensive cost and the large size.



# 2amsey Adventures.

#### A Funny Thing Happened To Me Yesterday...

I was sitting on the edge of my bed facing the open window in my bedroom enjoying the fresh breeze and bright sunshine pouring in. Every morning, as I'm getting ready for the day, I prop up my mirror on the window sill, turn on my praise music and get lost in it. It's a great way to start the day and get my mind and heart ready for whatever may come my way that day. I sing and dance around as I'm putting on my face. It's my space and nobody can see me way up here anyway, right?

Suddenly, a guy dropped down right there in front of my open window! He was hanging from a rope on the outside of the building apparently doing maintenance of some sort. There he was, right there in my window – unannounced and I'm sure as startled as I was! I didn't know what to do. It flashed through my mind, should I say "good morning", "hey, how you doing?" Should I pretend I don't see him? Nope, I panicked and in true Adam and Eve style, I instinctively tried to hide behind my sheer curtains. I stood very still, as if that would somehow turn my curtain into a magical cloaking device. I waited. Soon, he moved down out of sight and I peaked around the curtain. All was clear.

When he was gone, I laughed out loud at myself. How absurd I must have looked trying to hide. How shocked he must have been at the sight of this crazy foreigner. I didn't really have anything to be embarrassed about, but I was embarrassed. He saw me as I really am, doing the things I always do. What made it even worse, it was my space he was invading.

I wondered about that later. What if God stuck His head in my window like that? Bam! Jesus is here! Would I be embarrassed or ashamed? I hope not. Sometimes I ponder the passage of scripture that describes what it will be like at the rapture of the church.

Matthew 24:40-42: "Then two men will be in the field: one will be taken and the other left. Two women will be grinding at the mill: one will be taken and the other left. Watch therefore, for you do not know what hour your Lord is coming."

I want to be sure I'm ready, don't you? It's certain there won't be a curtain to hide behind.:)

For updated prayer requests and pictures visit: www.bamboopandas.wordpress.com



Cleaning floors, washing dishes, doing laundry, changing diapers, washing dishes, making meals, transporting kids, washing dishes...it seems as if we are serving our families day after long day, doesn't it? (Did I mention washing dishes?!) The word serve simply means to act as a servant. Whether we like it or not, we have much work to perform that makes us a servant to our family. But God calls us to more. He calls us to have a heart of servanthood. A heart that desires to serve, and does it joyfully. One that with humility of mind considers the needs of others above our own (Phil 2:3). A heart that if we were given the option, would choose to serve.

Colossians chapter 3 has much to tell us about how we serve others. Husbands and wives, employee and employer, children and parents. Verses 17 and 24 implore us to do whatever we do wholeheartedly as unto the Lord, in the name of Jesus, giving thanks. Some of us may have "given it all we've got" in the work force, on the high school track team, or in ministry outside the home, but find ourselves going through the motions in our home. We make dinner because we have to, and well, let's be honest, it is hard to get excited about scrubbing the toilet. But when do all for and through Jesus, even the most mundane household tasks can be a labor of love; not only giving us joy, but having eternal value. Serving for the sake of obligation or duty can be noble, but serving out of joy for the Lord is divine.

We can't do this on our own. We cannot give out of an empty heart. However, when we do empty our heart of our self: our desires, our plans, our "needs", we make room for God to fill us with the Spirit. By reading the Word and prayer, we can be filled to overflowing, and then the Spirit of God will naturally spill out onto those around us. First in serving those in our own home, and then to everyone with whom we come in contact.



Calvary Murrieta Women's Ministry



Relationships Encouragement Accountability Laughter



Philippians 3:20

Summer is around the corner and soon it will be VACATION time! We are you headed? As believers, our final destination is HEAVEN and our lives are preparation for our fabulous home with Jesus! Join us for our next REAL Tuesday on May 22nd from 7:00 p.m.-8:30 p.m. as we begin with a devotion and end with some fun, fellowship, and friending! Come form some new RELATIONSHIPS, ENCOURAGE one another, hold each other ACCOUNTABLE to what's right, and LAUGH out loud! Let's be REAL, ladies!

For more information, contact Kelly at kbell@calvarymurrieta.com. #CCM4REAL

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## MARK YOUR CALENDARS

Reasons to Rejoice Wrap Up - May 15th, 7:00 P.M., Sanctuary

Children at Risk - Movie Showing of "Priceless," - May 20th, 5:00 P.M., Sanctuary

REAL Tuesdays - May 22nd at 7:00 P.M., Sanctuary

Ladies Worship Night - June 29th, 7:00 P.M., Sanctuary

Women's Retreat 2019 - March 29th - 31st

BIBLE STUDIES and GATHERINGS

#### M.O.M.'S (MOMS ON A MISSION)

1st and 3rd Thursdays of every month. Call Jessica Cernetic at 619-871-5377.

#### "REASONS TO REJOICE"WOMEN'S BIBLE STUDY

Meets various times and days. Call Cindy Chapman at 677-5667.

#### LADIES CHRISTIAN BOOK CLUB

2<sup>nd</sup> Wednesday at 11:30 am. Call Debre': 764-0408 3<sup>rd</sup> Thursday at 7:00 pm. Call Susan: 290-9753

#### **WIDOWS MIGHT MINISTRY**

1st Tuesday of every month from 3:00 pm-6:00 pm. Call Gail at 310-702-0972.

#### **REAL TUESDAYS**

4th Tuesday of the month beginning September 26th. Call Kelly at 951-677-5667.

#### SUNDAY NIGHT OF PRAYER

1<sup>st</sup> Sunday of every month at 6:30 pm. In the Agape Room.

### Check Out

https://www.facebook.com/freeandfunforkids/

A FB page that helps moms be aware of various activities, resources, and FREE events for kids of all ages!



The Sound and Powerpoint Ministry is in need of ladies to assist with services.

Please contact Richard at 813-6026.

Interested in being part of the Welcome Team on Sunday mornings or Wednesday evenings?

Call Donna Hansen at 551-6594.

Nursery helpers needed for all services and Wednesday nights on a rotating basis.

Call Tony Schaffner at 677-5667.

Meals Ministry needs volunteers to prepare meals for those in need.

Call Kristyn Suemnick 677-5667.

If you'd like to be a part of the Prayer Chain, please call Kristyn Suemnick at 677-5667.

Article Submissions: If you would like to submit something to the Women's Newsletter; poems, recipes, devotions, ideas, tips, etc., please email submissions to kbell@calvarymurrieta.com



# may 2018



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		R & R STUDY 9:15 AM R & R STUDY 7:00 PM	R & R STUDY 9:15 AM BIBLE STUDY • 7:00 PM	R & R STUDY 7:00 PM	4 CHURCH OFFICE CLOSED	5
CHURCH 7:30 AM, 9:30 AM & II:30 AM  NIGHT OF PRAYER 6:30 PM AGAPE ROOM	7 R & R STUDY 9:15 AM R & R STUDY 7:00 PM	R & R STUDY 9:15 AM R & R STUDY 7:00 PM WIDOW'S FELLOWSHIP	9  R & R STUDY 9:15 AM  BOOK WORMS II:30 AM CALL DEBRE 764-0408 BIBLE STUDY • 7:00 PM	R & R STUDY 7:00 PM	CHURCH OFFICE CLOSED	12
CHURCH 7:30 AM, 9:30 AM & 11:30 AM  Mother's  Day	14	R & R STUDY WRAP UP SANCTUARY 7:00 PM	LADIES BOOK CLUB 11:30 AM • 764-0408 BIBLE STUDY • 7:00 PM	MOMS MEETING 9:15 AM - 11:15 AM ROOM 133 BOOK WORMS 7:30 PM CALL SUSAN 290-9753	CHURCH OFFICE CLOSED	19
CHURCH 7:30 AM, 9:30 AM & 11:30 AM CHILDREN AT RISK 5:00 PM MOVIE SHOWING OF "PRICELESS"	21	REAL TUESDAY 7:00 PM-8:30 PM	BIBLE STUDY • 7:00 PM	24	25 CHURCH OFFICE CLOSED	26
27 CHURCH 7:30 AM, 9:30 AM & 11:30 AM	Memorial Day CHURCH OFFICE CLOSED	29	30  BIBLE STUDY • 7:00 PM	31		

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